CIRCULAR **01/11/2024**

SUBJECT : **GEMS Jewels of Kindness!** – a **Family First Initiative**

Dear Parents,

In celebration of **World Kindness Day on November 13**, our school is excited to launch the **Family First Initiative** to promote kindness within our families and communities. We believe that kindness begins at home, and through this initiative, we aim to strengthen family bonds while encouraging our students to practice kindness in meaningful ways.

To make this celebration impactful, we have planned a series of activities that can be done from **November 1 to November 15, 2024**. These activities are designed to be simple yet effective, encouraging positive interactions at home and beyond. We warmly invite you to participate and support your child in making this a memorable experience.

Activities for World Kindness Day:

1. **Kindness Challenge Chart**
   A week-long chart with daily acts of kindness that your child can complete with family members.

   - Help with household chores.
   - Cook or assist with making a meal.
   - Write a thank-you note to someone in the family.

   This encourages students to foster kindness at home and strengthen family bonds.

2. **Kindness Cards**
   Your child will create "Kindness Cards" filled with heartfelt messages to give to family members, expressing appreciation, love, and encouragement.

3. **Family Acts of Service**
   Plan and participate in a family service project, such as

   - donating clothes or toys to those in need,
   - volunteering, or helping clean up your local community.

   This is a wonderful opportunity to practice kindness beyond the household.

4. **Family Appreciation Posters**
   Your child will create a poster celebrating the things they appreciate about each family member. These posters can be shared at home on World Kindness Day to spread joy and gratitude within your household.

5. **Cooking a Meal Together**
   As a family, plan and prepare a meal together. This fosters teamwork and quality time, ending with a shared meal that everyone contributed to.

How You Can Participate:

- Kindly encourage your child to actively engage in these activities.
- Send videos or photos of your family's kindness journey to **binish.r1_tws@gemsedu.com**.
- Celebrate World Kindness Day by reflecting on how these small acts of kindness make a big difference in your family and community.

We hope you find these activities enjoyable and rewarding, as we work together to build a culture of kindness starting with our families. Thank you for your continued support.

Regards

Ms. Anju Mehta

Assistant Principal – Pastoral.